



Connecticut
School of
Integrative
Manual
Therapy

Integrative Manual Therapy Program

**Student Handbook
and Catalog
*2024 to 2026***

**Connecticut School of
Integrative Manual Therapy**

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GOALS AND MISSION STATEMENT

The Connecticut School of Integrative Manual Therapy's mission is to present the art and science of recovery through teaching, learning and understanding. The purpose of our professional school is preparing people to become Integrative Manual Therapists who will serve as integral healthcare providers both nationally and internationally for the benefit of those whose ultimate goal is complete health recovery. Integrative Manual Therapy Practitioners will serve as the foundation for the advancement of progressive healthcare in the 21st Century.

Unlike other traditional and non-traditional programs, our curriculum changes to reflect the advancement of new knowledge obtained within our primary clinical practices. The teaching faculty is not vested in yesterday's knowledge, but rather looks toward tomorrow's information as today's quest. We are multi-denominational, cross-cultural, and non-racial in orientation.

Integrative Manual Therapy (IMT) is a science, philosophy and an art, which works to facilitate recovery from dysfunction through growth and development. IMT is an evolutionary process of study, research and practice. IMT maintains a complete respect for the inter-relationship of the important triad of body, mind, and spirit. IMT concerns itself with all facets of the individual person.

The Diploma Program is committed to prepare every graduate with the skills and ability to:

- Appreciate the importance of an integrated systems approach
- Embrace the broad-based approach to client assessment and treatment
- Question the "status quo" and to recognize there is always hope for each and every client
- Conduct ongoing clinical and academic research to help enhance the growing body of scientific knowledge related to IMT
- Publish their research so that knowledge can be shared with any individual who has an interest in IMT
- Encourage ongoing clinical research excellence through shared clinical experiences that form the foundation of that research and as a basis for broadening the depth and breadth of new questions and challenges dealing with total recovery (body, mind, and spirit)

The curriculum is designed to:

- Develop in each student the knowledge to determine which treatment model is appropriate for a client
- Develop functional knowledge of fellow healthcare providers

INTEGRATIVE MANUAL THERAPY WITH AN INTEGRATED SYSTEMS APPROACH

Integrative Manual Therapy is built upon an underlying philosophy known as the Integrated Systems Approach. Healthcare today is largely comprised of specialists that treat only specific systems of the body or use only specific modalities. At the CT School of IMT, we believe that a client's presentation, signs, symptoms, and level of function are affected by health or dysfunction across all body systems. While addressing low back pain, for example, only treating the spine may yield positive results for one patient but not for another. That's because the human body is a complex interaction of systems based on many interdependent factors. Since the body is essentially a "system of interconnected systems," practitioners must be able to assess, diagnose and treat any and all systems in order to bring optimal results to the client as a whole – this is the Integrated Systems Approach.

The Integrated Systems Approach began in 1971 with the research of Sharon Giammatteo, PhD, IMT-C. It was formally introduced in her first lecture on Structural and Functional Rehabilitation in 1981. The Integrated Systems Approach is presented at the CT School of IMT.

Integrative Diagnostics with a Holistic Approach

The Integrated Systems Approach teaches us to use a total-body diagnostics process called Integrative Diagnostics and the system-specific technologies of Integrative Manual Therapy. A client might present symptoms of pain and limited motion of the left shoulder, for example. The Integrative Diagnostics process might reveal that the nerves are impinged at the shoulder, in which case the practitioner would apply Integrative Manual Therapy techniques specific to that system. If, on the other hand, Integrative Diagnostics indicates dysfunction in the region of the heart or the gallbladder contributing to the shoulder symptoms and limitations in function, then techniques specific to those systems would be applied instead. The concept of systems integration extends beyond the physical systems of the body. Indisputable evidence exists that physical health is also influenced by emotional, personal, mental, spiritual and other aspects of an individual's life. The Integrated Systems Approach embraces all of these aspects and related disciplines in a holistic process designed to yield the best possible results in individual, community and world health.

The Systems

Concepts of the Integrated Systems Approach as well as techniques to treat the specific systems of the body can be found in the coursework at the CT School of IMT. The Integrated Systems Approach includes the following systems and more:

- Systems of Biomechanics (joint integrity of the pelvis, sacrum, spine, and peripheral joints)
- Musculoskeletal System
- Connective Tissue System
- Central Nervous System (brain and spinal cord)

- Cranial System
- Peripheral Nervous System
- Visceral System (cardiac, digestive, urogenital, immune, pulmonary, detoxification, and more)
- Circulatory Systems (arterial, venous, and lymphatic)
- System of Energy
- Body/Mind Systems

The Audience

The Integrative Manual Therapy Approach can be learned by physical therapists, occupational therapists, massage therapists, speech therapists, physicians, learning specialists, psychologists, nurses, wellness experts in bodywork, and more. It is used in hospitals, outpatient clinics, and schools as well as other institutions.

Structural and Functional Rehabilitation through IMT

IMT addresses rehabilitation in two categories: Structural Rehabilitation and Functional Rehabilitation.

Structural Rehabilitation improves structural integrity of the body. It addresses joint mobility, muscle tone, soft tissue flexibility, range of motion, muscle control and more. It corrects patho-anatomy in biomechanics of the spine and appendages, muscles, connective tissue system, organs, nervous system, blood vessels, lymphatic system and energetic structures.

Functional Rehabilitation restores functional outcomes according to the optimal potential of the client. It addresses balance, coordination, proprioception (internal joint sensation), exteroception (sensory capability), strength, endurance, hearing, vision, speech, smell, learning, behavior and more.

Structural Rehabilitation corrects anatomic dysfunction and influences physiology. It creates the potential for function. Functional Rehabilitation optimizes the patient's utilization of this function. The relationship between Structural and Functional Rehabilitation can be illustrated in the following analogy. Think of a child playing the piano. If the piano is out of tune, the music will sound poor. Even if the child is a master prodigy of the piano, the music will still sound poor because the structural integrity of the piano is lacking. It is always more efficient and effective to treat structure first – to tune the piano. Once the piano is tuned, the potential for good music is there, but the child may require some lessons. These lessons are Functional Rehabilitation. This Functional Rehabilitation will help the child reach their potential in creating beautiful music.

A Summary

There is no “one” single problem affecting a person causing disability and pain and inhibiting their function. Persons of all ages, cultures, and locations are composites of their past, present, and future goals. Emotional, personal, mental/cognitive, spiritual and other aspects of living contribute to healthy lifestyles and goal-oriented

function. Persons around the world are learning more every day about function and dysfunction. Accountability and responsibility for function and productivity belongs to everyone, rather than to the physician, the insurance company, and the drug vendor. Integrative Manual Therapy is more than structural and functional rehabilitation, more than Integrative Diagnostics, more than an Integrated Systems approach to correct dysfunction and improve function. It is an ever-expanding field contributing to all disciplines that wish to improve home, community, and world health.

THE DIPLOMA PROGRAM

The Diploma Program in Integrative Manual Therapy is currently designed for the health care practitioner (i.e. MD, ND, DDS, DO, DC, nurse, body worker, massage therapist, PT, OT, AT, C, etc.) who wishes to augment his/her professional skills in Integrative Manual therapy. The school is also designed for individuals who have little or no academic or professional background in health sciences and the delivery of health care. A challenging curriculum will allow the learner to obtain essential skills that could be used to work with family, friends, and loved ones.

Although there is currently no formal recognition (i.e. licensure) of the Integrative Manual Practitioner by traditional allopathic personnel, future licensure and national accreditation will be explored on an ongoing basis. Recognition by health insurers has not yet been established, however, will be a focus for the future.

Completion of the diploma program provides acknowledgement that the student has received an education from a rapidly expanding, but select core of highly competent manual practitioners, and provides evidence that the student has demonstrated competency in the course objectives of the CT School of IMT.

FACULTY

Instructors

Our teaching faculty is comprised of expert clinicians and worldwide leaders in the field of Integrative Manual Therapy. They bring to the school diverse clinical and academic backgrounds, which enhance the learning opportunities of the student. Instructors are Certified Integrative Manual Therapists, (I.M.T.C.), and are dedicated to promoting higher education through their own ongoing participation in research and learning.

Administrative Board

This board is comprised of a panel of administrators and practitioners designed to facilitate the decision-making process of the school. Each member has a minimum of ten years of clinical and/or administrative experience. The clinicians are world-renowned practitioners in the field of IMT. The board is dedicated to upholding the standards of excellence as set forth in the school's Mission Statement.

Advisory Board

The advisory board is comprised of a panel of multidisciplinary professionals. The members are experts in their respective fields of study and have knowledge of and interest in Integrative Manual Therapy. This board is available to provide consultation to the Administrative Board on an ongoing basis in order to facilitate further growth and development of the school, students, and instructors.

Admissions Committee

This committee, comprised of the Dean and Director of Admissions, is responsible for reviewing all applications for admission.

FACILITIES

The Connecticut School of Integrative Manual Therapy is located in West Hartford, Connecticut. We are handicapped accessible with ample parking. Our building is designed with the student and patient in mind.

Our classrooms are designed for two to three students to sit at one table. Labs are usually designed to work in pairs. We provide padded massage tables and encourage students to bring their own mats, pillows, and/or blankets. However, these items can be provided if necessary.

The number of participants in each class is often limited in order to maintain an optimal learning experience for students. Additional classroom sites are periodically utilized off campus. These courses are typically larger in student number and require a larger classroom facility.

Each course has a facilitator, who will assist students with school related questions, purchasing optional learning materials, and information regarding the surrounding area (i.e. hotels, restaurants, etc.).

We also provide nutritious refreshments throughout the day for all students. Our school offers a small kitchenette and public restrooms.

Our library contains over 200 reference materials on a variety of topics ranging from Muscle Energy Technique to Physiology of the Brain.

ADMISSIONS REQUIREMENTS

- Applicants must be at least 18 years of age and have a high school diploma or a GED
- An Application for Admission and all accompanying documents and fees as outlined in the Application Process must be completed prior to enrollment
- An interview may be required, if deemed necessary by the Dean, based on review of the application

APPLICATION PROCESS

The application process includes:

- Completed application form, including 2 essay questions
- Non-refundable application fee of \$100.00, payable to the Connecticut School of Integrative Manual Therapy
- Receipt of official transcripts from accredited schools, colleges, or universities if requesting credit for academic coursework previously completed
- One letter of recommendation
- After review of the complete application, an interview may be requested by the Dean and/or Director of Admissions

The Application for Admission, the \$100 application fee, and all other necessary materials should be sent to the address below or emailed to the school at CTSchoolof.IMT@gmail.com. If emailing materials, a payment link for the \$100 application fee can be provided.

**CSIMT
Admissions Office
12 North Main Street, Suite #30
West Hartford, CT 06107**

After review by the Admissions Committee, applicants will be informed of their status by letter, email, and/or telephone.

TUITION AND FEES

The tuition for the structural courses (58 credits) offered by the CT School of IMT is \$22,050 which includes the \$100 non-refundable Application Fee. Payments may be made by check, money order, debit card, or credit card and must be paid in U.S. Funds only. There is a \$25.00 return check fee. All tuition must be paid in full prior to the start of each individual course. Students are responsible for payments to other institutions, where applicable, in order to fulfill the academic and functional requirements of this program.

Course booklets are provided with each course at no additional charge. Sometimes additional resources are available for purchase, but they are not mandatory for the class and are not part of the tuition or fees.

REQUIREMENTS FOR GRADUATION

The Diploma program in Integrative Manual Therapy requires the student to complete at least 58 credit hours in the structural program in 3 to 6 years and no longer than 10 years from the date of acceptance into the CT School of IMT. Students must also

complete 18 credit hours in Academic courses, 100 clock hours in Functional electives, 10 clock hours of Experiential Treatment, 20 clock hours in Clinical Observation, and CPR certification as outlined below.

Only structural credit hours are offered by the CT School of IMT. Fees incurred for all other required credit hours, clock hours, and CPR certification must be paid by the student to the appropriate institution.

Structural (58 credit hours)

The structural course curriculum offered by the CT School of IMT is outlined in the “Core Curriculum Courses” section of this document.

Academic (18 credit hours)

The Academic courses are:

- Anatomy & Physiology (3 credit hours)
- Kinesiology (3 credit hours)
- Pathophysiology (3 credit hours)
- Neuroanatomy (3 credit hours)
- Psychology (3 credit hours)
- Growth and Development (3 credit hours)

Academic courses must be completed at an accredited school, college, or university, and may be taken online or in person. These courses are subject to approval by the CT School of IMT for credit prior to completion. Students must earn a grade of C or higher. If the course is Pass/Fail, a “Pass” grade is required. If grading is offered, the student must take that option. A “Pass” grade will only be accepted if that is the only grading format offered by that institution.

Functional Electives (100 clock hours)

Examples of Functional Electives include, but are not limited to:

- Self-taught Movement/Exercise
- Alexander Technique
- Aston Patterning
- Body Mind Centering
- Functional Orthopedics
- Hellerwork
- Hippotherapy
- Neuro Developmental Treatment (NDT)
- Pilates/Plyometrics
- PNF
- Sensory Integration
- Tai Chi Chuan
- Trager
- Yoga
- Life Experiences

The functional electives listed above are examples only. Other functional approaches will be considered, for example, life's experiences can be utilized to fulfill this requirement. Students are required to submit verification of 100 hours of functional electives by presenting a certificate, a letter, or a description of activities to be approved by the Dean.

Experiential Treatment (10 clock hours)

The student will schedule and receive treatment by an Integrative Manual Therapist, Certified (I.M.T., C.) and will be responsible for that practitioner's hourly fee. The student will provide documentation of the practitioner's name, dates of treatment, and clock hours. Names and contact information of practitioners will be provided by the CT School of IMT.

Clinical Observation (20 clock hours)

The student will arrange and observe an Integrative Manual Therapist, Certified (I.M.T., C.) and/or a practitioner "Specializing in Integrative Manual Therapy." The student will provide documentation of the practitioner's name, dates of observation, and clock hours. Names and contact information of practitioners will be provided by the CT School of IMT.

CPR Certification

Certification in basic Adult and Child Cardiopulmonary Resuscitation (CPR) is required prior to graduation. The student must provide evidence of completion.

FINANCIAL ASSISTANCE

The CT School of IMT does not offer financial assistance.

ACADEMIC POLICIES AND PROCEDURES

Transfer of Course Credits

The academic course requirements (Anatomy & Physiology, Kinesiology, Pathophysiology, Neuroanatomy, Psychology, and Growth & Development) will be met through courses taken at an accredited college, school, or university. Official transcripts from these institutions must be mailed directly from each institution to the CT School of IMT Admissions Office. These transcripts must be of recent issue and clearly indicate all course credits.

The Admissions Committee, on an ongoing basis, will review official transcripts for approval of credit. Only courses with a grade of "C" or higher will be considered for approval. If the course is Pass/Fail, only a "Pass" will be accepted. If grading is offered, the student must take that option. A "Pass" grade will only be accepted if that is the only grading format offered by that institution.

Courses taken at other institutions, applicable to the Diploma in Integrative Manual Therapy, such as academic or functional concentrations, will be subject to approval by the Dean. If a course is not approved initially, the student may appeal the decision. Once the Dean reviews the course material and discusses the content with the student, and Administrative Board if necessary, a final decision will be rendered.

Attendance Policy

It is the student's responsibility to attend all classes and labs.

- If a student misses more than two hours from a three or four day course or 1 hour from a one or two day course, they will be required to make up the missed time. They may also be required to repeat the course based on the instructor's recommendation
- If a student misses less than two hours from a three or four day course or less than one hour from a one or two day course, they must make arrangements with the class instructor on how to make up the time. It is the instructor's discretion as to how the missed time will be made up. The instructor reserves the right to require the student to repeat part of or the entire course
- No student will be permitted to obtain missed information from another student in the program without written consent from the instructor
- A record of each student's attendance will be kept in his or her file

Refer to the "Cancellation/Refund Policy" for information regarding refunds.

Cancellation/Refund Policy

All refunds will be given within 30 days of a cancellation request, a withdrawal notice, or termination based on the last date of verifiable attendance, if applicable. The \$100 application fee is non-refundable.

- Students canceling a course more than 15 days before the first day of class will be refunded 100% of the paid tuition
- Students canceling a course 15 days or less before the first day of class will be refunded 80% of the paid tuition or may choose to use 100% of the tuition cost as a credit for a future course
- Students canceling a course on the first day or failing to attend will be given a credit to be used for a future course enrollment minus a \$50 administration fee
- Students who have attended part of a class but are unable to complete the course will be given an opportunity to complete the course at a later date at no additional cost
- Students who withdraw or are terminated from the program before a paid class has begun will be refunded 100% of that tuition
- Students who withdraw or are terminated from the program once the first day of class has begun will be given a refund of tuition for any full days not attended for that course

In order to provide a meaningful experience for students and for the facilitation of lab work, classes with fewer than two students may be canceled. Every attempt to fill the class or to reschedule the class will be made. Full refunds will be provided.

Withdrawal

A student may withdraw from the program at any time through verbal or written notification to the Dean of the school. If a student voluntarily withdraws from the program, they may reapply at any time. They must complete a new Application and pay any associated fees.

Termination Policy

Termination in the program can be made either by the student or the school. A student may be terminated at any time if they fail to comply with the policies outlined in the School Catalog, including violation of the Student Code of Conduct, poor attendance, insufficient academic progress, and nonpayment.

Re-admission Policy

In cases of immediate dismissal, students must wait at least one year before they will be considered for readmission. If the student has taken appropriate and corrective actions, they must submit a written statement explaining why they should be considered for readmission, and if appropriate, any corrective actions taken by the student to prepare them for re-entry into the program. Once the statement is reviewed and accepted by the Dean, the student must reapply and pay any associated fees.

Disciplinary Action

In cases of unsatisfactory conduct including but not limited to failure to abide by the Student Code of Conduct, academic theft, plagiarism, slander towards the School or its instructors, dishonesty, insubordination to a staff member, or disruption of class or other activity, the policy is as follows:

At the time of the incident, the staff member will issue the student a verbal warning regarding their conduct. This warning, along with the date, incident, and action taken, will then be documented in the student's file. If the student gets 3 verbal warnings, the staff member will present the student's case to the Dean for review. It will be up to the discretion of the Dean which action will be taken. There are 2 options:

- *Probation:* The student will be asked to write a report to the Administrative Board stating why they wish to continue with this program. At the Dean's discretion, the student may also be requested to seek further assistance. Probation will last for at least 6 months.
- *Dismissal:* If during probation the student is issued one more verbal warning, they will be dismissed from the school. The Dean may inform the student at the time of dismissal of any necessary actions the student must perform in order to return to the school at any time in the future.

In both cases, it will be up to the discretion of the Administrative Board, with notification by the School's Dean, as to the status of the applicant. Re-admission may or may not be granted.

Grading System

A letter grading system will be used. This grading system will correspond with a numerical system in order to determine the grade point average (A=4.0/90-100, B=3.0/80-89, C=2.0/70-79).

Written exams will be administered on the final day of each structural course. Students will be informed of their test grade at the time of the exam. A minimum exam grade of "C" is required to earn credit for the course. If a student's exam grade is below "C," they will be required to repeat the exam successfully prior to receiving credit. The student should arrange a time with the instructor to repeat the exam within 30 days of receiving a "C."

If the instructor feels the student needs a better understanding of the basic concepts and treatment techniques presented in the course, they may recommend the student repeat the course before taking the exam again. The student should arrange to repeat the course within one year of the initial course completion. No credit towards graduation will be issued until a grade above "C" is earned.

If a student wishes to repeat a course, but passes the initial exam, they will not be required to repeat the exam.

Academic Support

It is the student's responsibility to inform the instructor if they are having difficulty with course concepts and constructs. The instructor will provide the student with supplemental resources needed to acquire appropriate skill levels with these concepts. In the event a student continues to have difficulty with the material, study groups or tutoring may be arranged. While much of mastering the material is done outside of the classroom through self-study and practice, the instructor will assess basic understanding and utilization of the material. If the instructor's assessment indicates the student needs support, the instructor will provide guidance on opportunities for remediation.

Students will be given ample opportunity to gain academic and practical knowledge. If it becomes apparent to the instructor that the student has been unable to demonstrate satisfactory utilization of didactic or practical portions of the material, despite repeating courses and tutoring, a personal interview will be conducted by the Dean to determine the future participation of the student in the program.

Student Code of Conduct

The CT School of IMT Honor Code is simple, straightforward, and uncompromising. Upon admission to the school and periodically through their tenure, each student is required to confirm their understanding and commitment to the following pledge:

"I have not violated nor am I aware of any violation of the Honor Code of The Connecticut School of Integrative Manual Therapy."

Prohibition against Cheating:

- I will not give or receive help on written assignments or examinations without the permission of the instructor
- I will not look at another student's test paper or other material

Prohibition against Plagiarism:

- I will not copy another person's work or ideas and present them as my own
- I understand that all references and quotes attributed from others must be properly cited and acknowledged

Student Rights

All students are guaranteed the following enumerated rights:

- Freedom of inquiry, expression and assembly
- Free pursuit of educational goals within the program and curricula
- Freedom from disciplinary sanctions without notice as to the nature and cause of the charges
- A fair hearing which shall include confrontation of accuser(s)

Dispute Resolution Procedure

If at any time a student is enrolled in a program and has a complaint regarding the school or instructor, the student is encouraged to resolve the issue as soon as possible by discussing it with the proper school official. The student will be required to put the complaint in writing and become involved in the resolution. All complaints will be addressed in writing in an expeditious fashion. Students who are unable to resolve the matter with the school may at any time file their complaint with the following:

Office of Higher Education
450 Columbus Blvd # 707
Hartford, CT 06103
1-860-947-1816
ct.gov/StudentComplaint

Student Services

Students have access to their CT School of IMT transcripts at any time. There is a \$15.00 fee per transcript.

During each course, light refreshments are provided. Short breaks of 10-15 minutes are taken as needed during the day. The lunch break usually lasts for one hour. This allows the student adequate time for lunch and also provides an additional opportunity to practice the newly learned techniques and/or view select videos when appropriate.

Most courses involve labs. During the labs, students will be required to make physical contact with their classmates and instructors in order to practice, learn and experience the techniques being taught. The contact is non-invasive and gentle in nature. On occasion, high velocity, low amplitude mobilization techniques are taught.

The labs in the cranial courses do involve intraoral techniques. If a student cannot or chooses not to participate in any lab, they must make arrangements with the instructor. Each student must participate in all labs in order to receive credit for the class. However, if extenuating circumstances arise, the student must receive special permission from the Dean to be exempt from lab time. Labs are designed to provide the student with an optimal learning environment.

All classrooms are handicap accessible. Should a student need any special assistance, the school will make any and all reasonable accommodations necessary. All courses will be taught in English.

Library

An extensive resource library is available. With permission from the instructor students have access to a wide variety of reference books, videos, cassette tapes, and journals. In order to maintain this collection, these resources will not be permitted to leave the facility.

Students are provided workbooks for each course, which are included in the course tuition. Reading lists and adjunct materials are also provided. Students will be notified of any required reading prior to each course. Supplemental reading lists are updated on a yearly basis and addendums will be ongoing. As curriculum and course materials are frequently reviewed, reading lists and bibliographies will be cumulative and progressive. Select videos are available for viewing during courses. Videos and books may be purchased.

Graduation Policy

The Diploma Program in Integrative Manual Therapy requires the student to complete a minimum of:

- 58 structural *credit* hours
- 18 academic *credit* hours
- 100 functional *clock* hours
- 10 Experiential treatment *clock* hours
- 20 Clinical Observation *clock* hours
- CPR certification

These requirements should be completed in approximately 3 to 6, but no longer than 10 years, after acceptance into the program. Once all graduation requirements for the diploma program are met, including payment of all fees, a Diploma in Integrative Manual Therapy will be awarded to the student.

Recognized Holidays and Religious Observance

Although an attempt is made to schedule courses around holidays, they may in some cases be held on these days. Students are encouraged to arrange their schedules to avoid a conflict with any holidays they wish to observe.

January: New Year's Day

April: Passover, Good Friday, Easter

May: Shavuot, Memorial Day

July: 4th of July

September: Rosh Hashanah, Labor Day

October: Yom Kippur

November: Ramadan, Thanksgiving

December: Hanukkah, Christmas Eve, Christmas Day

Graduation Career Services

The Connecticut School does not offer placement services. The school cannot guarantee or promise employment to any graduate. Barriers to employment may exist in specific states relating to healthcare and bodywork licensing requirements. It is the individual student's responsibility to verify requirements in their own state.

RECOMMENDED SEQUENCE FOR BASIC SCIENCE COURSES

All of the academic requirements must be completed before being eligible to receive a diploma. It is recommended to complete these courses prior to the midway point of the program.

Before starting the program or during the First Year

Anatomy & Physiology

First Year

Kinesiology

Pathophysiology

Second Year

Neuroanatomy

Psychology

Growth & Development

The above basic science courses are not offered through the CT School of IMT. However, many are offered through local colleges and/or universities. See "Transfer of Course Credits" for more information.

ACADEMIC INTENSIVE CURRICULUM OVERVIEW - 3 Year Program

The CT School of IMT offers two to three consecutive classes, every four months. This allows the student to complete the Diploma Program within three years.

Year One

The Academic Intensive Program provides a comprehensive clinical education in Integrative Manual Therapy (IMT). There will be extensive lecture and lab time focusing on the connective tissue system, biomechanics of the pelvis, sacrum and spine, and the muscular system. Students will begin their learning with myofascial release, gastrointestinal issues, women's and men's health issues, and introductory tools for circulation. A comprehensive introduction to IMT assessment skills will be presented, covering topics such as Myofascial Mapping, assessment of biomechanical dysfunction and tools to determine the most important area to treat first via the Nullification Process.

Once this first year is completed, the student will be familiar with the treatment of a variety of injuries and dysfunctions: back pain, strained muscles, muscle cramps, sports injuries, swelling secondary to an injury, costochondritis, asthma, bronchitis, osteoporosis, colic, leaky gut syndrome, Crohn's disease, ulcerative colitis, bulimia, brachial plexus compression, carpal tunnel syndrome, sciatica and a variety of nerve pain syndromes.

Course Objectives:

- The myofascial system, muscular system, contractile tissue and autonomically innervated muscles
- IMT assessment methods via Myofascial Mapping
- IMT in relationship to the Digestive System
- IMT in relationship to muscle spasm and the Autonomic Nervous System
- Comprehension of key assessment and treatment techniques for the Biomechanical System
- Primary components of the Nervous System

Clinical Skill Objectives:

- Myofascial Release and the diagnostic technique: Myofascial Mapping
- Recovery Motilities (Disruption of Membrane, Immune Deficiency Motility, Bone Bruises)
- Compression Syndrome techniques for Diaphragms, Gastrointestinal System, and Urogenital System
- Visceral techniques for the Gastrointestinal System and Urogenital System (Type I Relationships, Type II technique, Frozen Organ Syndromes)
- The art and science of Strain and Counterstrain for the Muscular System, blood vessel walls, and organs
- Biomechanics techniques for Pelvis, Sacrum, Spine and Rib cage
- Dexterity with assessment and treatment of the Nervous System
- Integration of assessment and treatment of Double Crush Syndrome

Year Two

The student will learn how to assess, diagnose, and treat dysfunctions of the upper and lower extremities. These classes will have an emphasis on protective mechanisms, biomechanical dysfunctions and the immune system. The student will begin their learning in Cranial Therapy, IMT for Lymphatic Drainage, and Visceral Mobilization techniques to affect dysfunctions of the respiratory and cardiopulmonary systems. Additionally, the student will advance their learning in Myofascial Mapping.

The student will become familiar with the treatment of a variety of injuries and dysfunctions, including headaches, migraines, double vision, neck pain, endometriosis, PMS, prostatitis, incontinence, allergies, edema and autism.

Also covered will be pain and movement dysfunctions for the upper and lower extremities such as frozen shoulder, chondromalacia patella, tendonitis, fractures, and arthritis. Students will also learn about proper treatment of clients before and after surgeries, such as hip replacements and ACL repair.

Course Objectives:

- Protective mechanisms and biomechanical dysfunctions of the upper and lower extremities
- An introduction to Cranial Therapy
- Further developing an understanding of IMT assessment techniques
- Expand clinical thinking in regards to the respiratory and Cardiopulmonary Systems
- Comprehension of the immune system and the relationship between the Lymph System, spleen, thymus, and the bones of the extremities
- Advanced spinal dysfunction and rib cage mechanics

Clinical Skill Objectives:

- Compression Syndromes, Recoil Tension Tests, Type I Relationships, Neural Tissue Tension techniques for the upper and lower extremities
- Be able to address biomechanical (Type I, Type II, Type III) dysfunctions and quanta of the extremities
- Visceral techniques including Compression Syndromes, Type I Relationships, Frozen Organ Syndrome, Strain and Counterstrain and Neural Tissue Tension techniques for the organs of the Pulmonary, Immune, and Lymphatic Systems
- Myofascial Mapping with three planar Mapping and development of skills in Neurofascial Process
- Develop a range of Cranial Therapy techniques to address the cranial vault bones, dura, gear mechanism and compression in the cranial system
- Treatment of spinal cord dysfunctions, including neural, soft tissue, and joint

Year Three

The student will learn how to treat the immune system and vascular system. The student will begin learning about the treatment of psychosocial and emotional issues. Prior learning from year one and two will be utilized to focus on advanced techniques in Cranial Therapy and treatment of the visceral system. Additional information will be presented on nutritional wellness and specialization of IMT for pediatrics. The student will also learn how to combine assessment and treatment planning skills to develop rehabilitation plans for various patient populations.

During this third year, the student will learn how to treat a variety of physical dysfunctions, including cardiovascular dysfunctions, angina, atherosclerosis, food intolerances, food poisoning, cerebral palsy, lymphedema, Multiple Sclerosis, Lyme Disease, infertility, loss of night vision, hydrocephalus, failure to thrive, Bell's Palsy, and hemiplegia.

Student clinics, which are offered in the evenings after class, provide a comprehensive platform for clinical application while providing community pro-bono service.

Course Objectives:

- Psychosocial and emotional system and its relationship with chronic pain, and many other dysfunctions
- A deepening understanding of vascular motilities
- Exploration of the cranial system
- Develop a comfort level in working with children
- Start on a lifelong exploration of biophysiology and nutritional wellness

Clinical Skill Objectives:

- Knowing when to refer out for psychosocial and emotional issues as they relate to the overall health and wellbeing of the client
- Palpate and perceive a wide variety of motilities with focus on vascular and lymphatic systems
- Ability to release Compression Syndromes, locate and work with Recovery Motilities and fluids in the cranial system
- Develop skills in assessing and treating children from those who are relatively healthy to those who have significant neurologic, digestive, immune and vascular issues
- Learn what Biophysiology/Functional Nutrition can offer future IMT clients and how to develop treatment plans that include nutritional supplementation
- Develop skills in assessing and treating the immune system, spleen, thymus related vein plugs, vascular anomalies and pressure related dysfunctions that are contributing to a lack of quality of life and function
- Efficient treatment planning and how to facilitate clients meeting their goals

CORE CURRICULUM COURSES

YEAR ONE

CTIS 101 Myofascial Release

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: None

Course Description:

The Academic Intensive program begins with this course. Myofascial Release is an integral part of this program. It is an introductory level course that provides the entry level student with ample lab time to develop initial palpation skills. The student also begins their introduction to the fundamental Principles of Integrative Manual Therapy. Including the Integrated Systems Approach. During this course, the student learns how to assess, diagnose, and treat the connective tissue system utilizing Integrative Manual Therapy protocols and techniques and Integrative Diagnostics. The connective tissue system is the only system of the body which is continuous and contiguous. If there is an area of the body that is dysfunctional, it will always manifest through the connective tissue system. This course provides the student with many different techniques to treat connective tissue dysfunction on all different types of individuals.

Course Objectives:

1. Learn the Integrated Systems Approach
2. Anatomy and physiology of the connective tissue system
3. Learn the Soft Tissue and Articular Myofascial Release Technique using the 3-Planar Fascial Fulcrum Approach to correct joint and soft tissue dysfunction
4. Learn how to evaluate static and dynamic posture while highlighting compensatory patterns
5. Learn treatment protocols for correction of low back and spinal dysfunction, respiratory dysfunction, carpal tunnel syndrome, and more

INTDG 100 Integrative Diagnostics Including Myofascial Mapping

Duration: 4 Days Credit Hours: 3 Cost: \$ 1125.00

Prerequisite: None

Course Description:

Integrative Diagnostics is the flagship of Integrative Manual Therapy and the Academic Intensive Program. During this 4 day lab intensive course, the student will learn comprehensive tools for assessment and manual diagnostics of all types of body dysfunctions, including assessment of pathoanatomy, pathophysiology, pathomechanics, and pathoenergetics. The tools that are learned in this course will

be integrated in all Academic Intensive courses, with specific application towards the focus of the course.

Course Objectives:

1. Learn comprehensive Manual Diagnostics
2. Develop clinical skills in Sagittal, Coronal, and Transverse Plane Myofascial Mapping
3. Develop clinical skills in Pathophysiology Mapping
4. Begin learning in Physical Functional Medicine motilities
5. Understand implications of findings with Manual Diagnostics for treatment plan development

MSKEL 100 Mobility Templates - Treatment of the Pelvis, Sacrum, and Spine

Duration: 3 days Credit Hours: 2 Cost: \$750.00

Prerequisite: None

Course Description:

During this course, the student will learn assessment, diagnostic, and treatment techniques to correct biomechanical dysfunction of the pelvis, sacrum, and spine. This type of dysfunction is often a cause of low back pain and disability, neck pain and headaches that affect 90% of our population. This course is remarkably significant to help reduce this type of dysfunction. Mobility Templates will be the student's first introduction to Template Therapy, which is an integral part of IMT treatment. Treatment of biomechanics using Mobility Templates will be referenced throughout the AI program because of its significance. The student will learn multiple protocols for correction of joint dysfunction specific to the spine. Assessment and treatment of bone bruises utilizing the Bone Bruise Technique will be presented.

Course Objectives:

1. Gain clinical skills in Topographical Anatomy for the pelvis, sacrum, and spine
2. Learn how to evaluate static and dynamic posture while highlighting compensatory patterns
3. Learn a new and improved approach for treatment of spinal dysfunction, back pain and headaches utilizing Mobility Templates

VOSYS 101 Visceral Mobilization for the Gastrointestinal Tract

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: None

Course Description:

The Gastrointestinal Tract is the beginning of the Visceral Mobilization Series. During this course, the student will learn many assessment, diagnostic, and treatment techniques to correct digestive related problems. Gut dysfunction is often an underlying contributor of pain and disability. With extensive lab and lecture time,

the student will learn many different techniques and protocols to support a health gut. Treatment to reduce inflammation and toxicity of the digestive tract, support improved integrity of the walls of the gut, and improved routes of elimination will be included.

Course Objectives:

1. Learn general anatomy and physiology and topographical anatomy of the gastrointestinal tract
2. Learn techniques to assess, diagnose, and treat signs and symptoms associated with gastrointestinal tract disorders
3. Learn a Functional Home Treatment Program to promote healthy GI function
4. Learn the Disruption of Membrane Technique to promote healthy gut integrity

MSKEL 105 Strain/Counterstrain and Advanced Strain/Counterstrain Technique

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: 2 of the following 4 classes: CTIS 101, INTDG 100, MSKEL 100, VOSYS 101, or with permission from the instructor

Course Description:

Strain and Counterstrain was developed by Lawrence Jones, D.O. more than 50 years ago to improve range of motion and flexibility in all types of individuals. This manual therapy approach corrects protective muscle spasm of the skeletal muscle system. Over the last several decades, Sharon Giammatteo, PhD performed extensive clinical research utilizing Strain and Counterstrain on persons with complex multi-system dysfunction including neurologic involvement. With permission and support by Dr. Jones, Sharon taught her integrated version of Strain and Counterstrain. This approach includes modification for neurologically involved clients. During this course, the student will be instructed in two approaches: Strain and Counterstrain, as well as Advanced Strain and Counterstrain. Advanced Counterstrain was developed by Sharon Giammatteo and Tom Giammatteo to correct protective muscle spasm of smooth muscle. This approach promotes improved circulation, improved immune function and lymphatic drainage, as well as improved overall organ functioning. In this lab intensive course, the student will learn multiple assessment and treatment techniques and protocols for improved health.

Course Objectives:

1. Anatomy and physiology of the muscle system
2. Learn Strain and Counterstrain Technique to eliminate protective muscle spasm of skeletal muscles
3. Learn Advanced Strain Counterstrain Technique to eliminate smooth muscle spasm which will lead to increased circulation, increased range of motion and joint mobility
4. Learn how to evaluate static and dynamic posture while highlighting compensatory patterns
5. Learn treatment protocols for correction of low back pain, headaches and migraines, joint dysfunction, sports injuries, circulation insufficiency, respiratory problems, speech/swallowing problems and more

VOSYS 102 Visceral Mobilization for the Urogenital System

Duration: 3 days Credit Hours; 2 Cost; \$ 750.00

Prerequisite: 2 of the following 4 classes: CTIS 101, INTDG 100, MSKEL 100, VOSYS 101, or with permission from the instructor

Course Description;

The student will learn assessment, diagnostic and treatment techniques and protocols to correct pelvic dysfunction. Women's and men's health issues are becoming increasingly common. During this course the student will be introduced to many tools to support improved health of the urogenital and reproductive system.

Course Objectives:

1. General, topographical and surface anatomy of the urogenital system
2. Many manual techniques to eliminate pelvic pain and dysfunction
3. How to develop a functional home program to increase strength in the pelvic muscles, decrease pelvic pain and increase pelvic stability
4. Protocols for treatment of women's and men's health issues including urinary incontinence and frequency, PMS, urinary tract infections, pelvic pain and more

CRNS 103 Neural Tissue Tension Techniques

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: 2 of the following 4 classes: CTIS 101, INTDG 100, MSKEL 100, VOSYS 101, or with permission from the instructor

Course Description:

This course is a culmination of thirty years of investigation including graduate, doctorate, and post graduate clinical and scientific research into the recovery and rehabilitation of the central and peripheral nervous system. This course is the beginning of the Cranial and Neuro Series. The IMT techniques presented in this lab intensive course focus on assessment, diagnostics, and treatment of the nervous system, including peripheral nerves, cranial nerves, and the spinal cord. Students will be educated in treatment protocols for a variety of neurologic disorders.

Course Objectives:

1. To assess and treat the pain and disability developed from neural tissue tension
2. To treat peripheral nerve injuries causing sensory and motor impairment
3. To treat spinal cord patients and clients with other neurologic presentations due to neural tissue tension
4. To treat nerve dysfunctions causing pain, disability and neurologic disorders
5. A manual diagnostic tool to determine the primary nerve that is contributing to decreased function in other areas

INTC 100 Double Crush Syndrome

Duration: 3 Days Credit Hours: 2 Cost: \$ 750.00

Prerequisite: 2 of the following 4 classes: CTIS 101, INTDG 100, MSKEL 100, VOSYS 101, or with permission from the instructor

Course Description:

This course is the only Integrated Curriculum course in the AI program. During these types of courses, the student is instructed in a comprehensive protocol for assessment and treatment of a part of the body integrating different types of IMT techniques. The student is educated in a systematic assessment and diagnostic process for this body region. Because of the high incidence of Thoracic Outlet Syndrome, Carpal Tunnel Syndrome, and other upper quadrant dysfunctions affecting today's society, this region of the body is perfect for the focus of this course. In this course, students will learn how to assess, diagnose, and treat nerve impingements and circulation insufficiencies that are the common cause for these disorders. The focus of this course will be on correction of "double crush phenomenon" which is commonly the underlying cause of upper quadrant signs and symptoms.

Course Objectives:

1. Learn simple and efficient assessment and diagnostic tools to locate sites of brachial plexus compression that may be underlying causes of thoracic outlet syndrome, carpal tunnel syndrome, reflex sympathetic dystrophy, and more
2. Learn a variety of manual techniques, including Strain and Counterstrain, Myofascial Release, Muscle Energy, Ligament Fiber Therapy, and Neural Tissue Techniques to treat upper quadrant dysfunction
3. Learn functional exercise programs to improve and sustain strength and stability of the shoulder girdle and upper extremity
4. Learn protocols for treatment of thoracic outlet syndrome, carpal tunnel syndrome, reflex sympathetic dystrophy, rotator cuff syndrome, and more
5. Learn home exercise programs to maintain strength and stability of the upper quadrant and prevent future injury

YEAR TWO

MSKEL 205 IMT for the Upper and Lower Extremities Rehabilitation

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: Year One Courses

Course Description:

This course is included in the Biomechanics Series. In this course, the student will learn how to assess, diagnose and treat biomechanical dysfunction of the upper and

lower extremities. Uniquely, this course integrates many other IMT techniques for the extremities, including Compression Syndromes, Type III techniques, Ligament Fiber Therapy, Tendon Release Therapy, as well as other joint related techniques that have been previously introduced in earlier AI program coursework. During this course, the student will learn how to determine greatest influence between dysfunctional joints to develop an order for treatment.

Course Objectives:

1. The body has the inherent ability to provide protection. This ability is at least as profound as the body's ability to self-correct and self-heal.
2. The body's innate mechanisms of self-protection are reflexogenic, autonomic and automatic
3. The science and art of higher level reflexes: Compression Syndromes
4. Recoil/tension tests to isolate and identify upper and lower extremity Compression Syndromes
5. Fulcrum techniques for treatment of Compression Syndromes of the upper and lower extremities
6. Muscle Energy and "Beyond" Techniques for the peripheral joints
7. Type III Techniques for the peripheral joints.
8. The Bone Bruise Technique
9. Ligament Fiber Therapy
10. Tendon Release Therapy

INTDG 201 Integrative Diagnostic Series - Levels 1 and 2

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is the beginning of the advanced Integrative Diagnostics Series. This course is introduced during the second year of the AI program because at this point, students have learned multiple IMT techniques and have a level of proficiency in assessment and basic diagnostics as well as critical thinking. During this course, students will begin their learning in development of a comprehensive treatment plan. This process will integrate learning in Neurofascial Process, Myofascial Mapping, and Nullification as well as other IMT assessment and diagnostic procedures. Often, there is a special body system focus placed on this course to provide the student with an opportunity to focus their learning on treatment plan development.

Course Objectives:

1. Three-Planar Myofascial Mapping: to locate specific areas of body dysfunction: differentiate between physical tissue dysfunction and energy-induced pain and disability
2. Neurofascial Process: to locate primary and dominant areas contributing to pain and disability and to understand the "process" involved which needs to be addressed to correct the problems causing the pain and disability

3. Neurofascial Release: as an effective and efficient approach to treatment of brain and spinal cord fibrosis: Multiple diagnostic tools: relationship; severity; chronicity process and more
4. To develop effective, efficient and cost-effective treatment plans for all patient populations
5. Neurofascial Process for assessment and treatment of all pain, dysfunction and disability

MSKEL 206 Advanced IMT for Spine, Low Back Pain, Spinal Cord Injury

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is an advanced lab course and is included in the Biomechanics Series as well as an advanced lab course focusing on the spine. In the course, the student will be introduced to many advanced protocols, techniques, and motilities important for correction of complex spinal syndromes such as low back pain and sciatica; cervical syndrome; spinal pain and dysfunction; scoliosis and other postural dysfunction; osteoporosis; spinal disorders related to trauma and surgery; spinal cord injury with infection, inflammation, circulation insufficiency, weakness and paralysis. The student will gain critical thinking and clinical skills in many new IMT techniques as well as gain an understanding of these spinal syndromes.

Course Objectives:

1. To assess the spinal column and spinal cord, to locate and isolate problems affecting motor and sensory function
2. Techniques for treatment of spinal pain, dysfunction and disability

MSKEL 203 Rib Cage Biomechanics with Muscle Energy and Beyond Techniques

Duration: 1 Day Credit Hours: .5 Cost: \$ 187.50

Prerequisite: Year One Courses

Course Description:

This course is included in the Biomechanics Series. In this course, the student will learn how to assess, diagnose and treat biomechanical dysfunction of the rib cage to restore optimal rib cage function. This course utilizes Muscle Energy and "Beyond" Techniques which is a systematic and comprehensive assessment and treatment process for treatment of joint dysfunction. The student will learn how to integrate respiratory rehabilitation exercises into this treatment process to achieve augmented lung function.

Course Objectives:

1. To restore alignment, joint mobility, articular balance and vertical dimension of the intra-articular space of the rib joints
2. A unique method for improved rib cage motion and respiratory function

VOSYS 200 Lung Management Pulmonary Insufficiency and Oxidative Stress

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is included in the Visceral Mobilization Series. During this course, the student will learn many IMT protocols and techniques for treatment of pulmonary dysfunction. In addition to the IMT structural techniques, the student will be instructed in a respiratory rehabilitation functional exercise program. This course is a compilation of introductory as well as advanced IMT techniques for the lungs and respiratory tissues.

Course Objectives:

1. How to assess and treat chronic and severe respiratory problems with manual therapy and nutritional wellness
2. Advanced hands-on clinical skills, including Blueprints (previously known as Systems) and Template Therapy for treatment of severe respiratory problems
3. How to provide successful intervention for treatment of mold problems
4. How to recognize and treat issues of grief and despair that affect the lungs
5. Pattern Recognition for treatment of unique lung problems, including the phrenic pattern, the azygos pattern, the dome of lung pattern, and the mitochondrial pattern
6. A comprehensive circulation program for the lungs
7. A diaphragm management program
8. A drainage program for lung management
9. A specialized Neurofascial Process home care program for lung management

CRNS 200 Cranial Therapy Series - Level 1

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is the beginning of the Cranial Therapy Series. In this course, the student is introduced to the cranial system and cranial therapy. On the first day, the student learns how to palpate and assess the CRI (Cranial Rhythmic Impulse/Cranio-Sacral Rhythm). During the second and third days, presentation includes assessment and treatment of suture and joint restrictions and treatment of the cranial and facial vaults: the temporomandibular joints, the sphenobasilar joint,

and the cranial and facial articulations. During these last days, the student will also learn how to assess and treat dura mater restrictions.

Course Objectives:

1. Anatomy and biomechanics of the cranial fault in order to address cranial problems whatever the client population
2. Techniques to improve mobility and motility (biologic rhythms) of the head and neck
3. Techniques to decrease cranial symptoms

CRNS 201 Cranial Therapy Series - Level 2

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: Year One Courses

Course Description:

This course is a continuation of the Cranial Therapy Series. The focus of this course is on assessment and treatment of membranous tissue of the cranial vault, the fluid pressure system, the facial vault, and intra-oral dysfunction. The student will learn how to treat persons with more involved cranial and neurologic dysfunction.

Course Objectives:

1. Techniques to affect pain and disability from cranial and spinal membrane dysfunction
2. Techniques to affect face pain

IMDE 200 Lymphatic Series - Level 1

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is the beginning of the Lymphatic Series. The lymphatic system is responsible for drainage of toxins in the body. When there is an overwhelming amount of toxicity, the drainage of lymph becomes congested and swelling occurs. What should occur in a healthy lymphatic system is the breakdown and elimination of toxins in the lymph fluid as it passes through the lymph nodes. There are many therapeutic approaches aimed at improving lymphatic flow such as massage-like techniques that simply push lymph fluid from one body region to another. Most of these approaches involve regular maintenance because lymph node function and the breakdown of toxins are not addressed. Integrative Manual Therapy for Lymphatic Drainage restores normal lymphatic function by promoting blood flow to and from the lymph node, decreasing muscle spasm and fascial tension around the lymph vessels and nodes, improving liver function and other related tissues to promote breakdown of toxins, and much more. In this course, the student will learn how to treat localized, regional, and total body swelling and lymphedema in all patient populations.

Course Objectives:

1. Anatomy and physiology of the immune system
2. Techniques to decrease localized, regional, and total body swelling and lymphedema
3. A functional home exercise program to promote lymphatic drainage.
4. Skin Therapy for wound care
5. Protocols for treatment of immune deficiency disorders

BIOPH 201 Physical Functional Medicine

Duration: 1 Day Credit Hours: .5 Cost: \$187.50

Prerequisite: Year One Courses

Course Description:

Physical Functional Medicine (PFM) is a compilation of motilities reflecting pathophysiology. These motilities are used for treatment as well as comprehensive manual diagnostics to localize areas for pathophysiology in the body as well as determine primary influence. During this course, the student will have extensive lab time to develop their clinical skills in assessment and treatment of pathophysiology utilizing many PFM motilities.

Course Objectives:

1. The student will learn about a manual approach for correction of pathophysiology
2. The student will learn how to palpate and treat various PFM motilities

VOSYS 201 Cardiac Habilitation - Prevention and Treatment

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year One Courses

Course Description:

This course is the beginning of the Cardiac Series as well as a continuation of the Visceral Mobilization Series. The leading cause of death in America is heart disease. Cardiac status affects many persons and their quality of life. This course presents a culmination of thirty years of research on the cardiac patient. During this course, the student will learn many IMT protocols and techniques for prevention and treatment of physical disability related to cardiac disorders. Extensive lab time during this course will focus on development of clinical skills.

Course Objectives:

1. Anatomy and physiology of the Cardiac System
2. Many Integrative Manual Therapy techniques to eliminate signs and symptoms
3. Manual techniques to improve joint blood flow to and from all major peripheral joints
4. Critical thinking on how to develop short term and long term treatment plans

for the cardiac patient, aimed at eliminating signs and symptoms related to cardiac disorders

SC 201 Clinical Training - Mock Clinic

Duration: 2 Days Credit Hours: 0 (Mandated) Cost: \$200.00

Prerequisite: Year Two Courses

Course Description:

Students will work on each other to gain knowledge and understanding of what and how IMT works. This class will be held for 2 evenings for about 2 hours each class. (4 clock hours)

THIRD YEAR

BODM 301 Integrative Diagnostics for Applied Psychosynthesis

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: Year Two Courses

Course Description:

This course is an integral part of the Academic Intensive. During this course, the student will learn how to support persons with psycho-social-emotional-mental-spiritual-personal/other issues using a manual therapy based assessment, diagnostic, and treatment process. In this course, students will learn many IMT techniques to determine possible underlying contributors to physical pain and dysfunction as well as many protocols for treatment of pathoenergetics.

Course Objectives:

1. Integrative Diagnostics: recognize when the body requires somatic body work
2. Integrative Diagnostics: differentiate between presentations of emotional, cognitive/mental, and spiritual energies in the body; localize which tissues and structures in the body are affected by these energies
3. Applied Psychosynthesis: study approaches for energy release with Neurofascial process
 - "Delta State Therapy" from certified clinical hypnotherapists
 - understand inner child support and process
4. Applied Psychosynthesis: neuropsychimmunology for healing
5. Applied Psychosynthesis: "Anatomic Imagery" for treatment of pain and disability
6. Applied Psychosynthesis: introduction to Consciousness Rehabilitation for progress of process
7. How to allow the client to address issues of fear and progress towards more functional outcomes

INTDGD 301 Advanced Integrative Diagnostic Series - Level 3

Duration: 2 days Credit Hours: 1 Cost: \$375.00

Prerequisite: Year Two Courses

Course Description:

This course is a continuation of the Integrative Diagnostics Series. In this course, the student will have extensive lab time to further develop clinical skills and critical thinking in a variety of previously learned and new IMT assessment and diagnostics methods. Often there is a special focus to the class to provide the student with the opportunity to focus learning on a specific area of the body.

Course Objectives:

1. Three-Planar Myofascial Mapping: to locate specific areas of body dysfunction; to differentiate between physical tissue dysfunction and energy-induced pain and disability
2. Neurofascial Process: to locate primary and dominant areas contributing to pain and disability; to understand the "process" involved problems/s causing the pain and disability
3. Neurofascial Release: as an effective, and efficient approach to treatment of brain and spinal cord fibrosis
4. Multiple diagnostic tools for understanding: significance, relationship; severity; chronicity, process
5. To develop effective, efficient and cost-effective treatment plans for all patient populations

CRNS 301 Cranial Therapy Series - Level 3

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: Year Two Courses

Course Description:

This course is a continuation of the Cranial Series. In this course, the student will be introduced to concepts relating to treatment of anoxia, open head trauma, varied neurologic complaints, spinal cord disorders, facial pain, trauma and disability. Students will learn many protocols and techniques for assessment and treatment of hearing, taste, speech, smell, and vision deficits. Also, students will gain clinical skills in treatment of immune and auto-immune disorders related to the cranial and central nervous system.

Course Objectives:

1. Techniques to de-compress and alleviate pain and tension of the face, eyes, ears, and mouth
2. Techniques to correct pain from bone bruises

CRNS 302 Cranial Therapy Series - Level 4

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year Two Courses

Course Description:

This course is a continuation of the Cranial Therapy Series. During this course, students will further their learning in cranial therapy. Students will learn many protocols for treatment of pain, disability, disorders and disease. In this course, students will gain specialized training on Intra-Oral Cranial Therapy. Extensive lab time will allow for development of clinical skills.

Course Objectives:

1. Techniques to affect pain and other signs and symptoms due to suture restrictions of the cranial and facial fault

PEDS 301 Pediatric Solutions - Assessment and Treatment

Duration: 3 Days Credit Hours: 2 Cost: \$750.00

Prerequisite: Year Two Courses

Course Description:

This course is a specialized AI course focusing on assessment and treatment of pediatric persons. Many assessment, diagnostic, and treatment techniques will be presented. Handling will also be discussed. So often, treatment of children with neurologic disorders as well as other impairments is limited to posture, mobility and movement. In this course, students will be introduced to many underlying contributors to these issues, including biomechanics, digestion, cardiovascular and pulmonary dysfunction, immune deficiency, and more. Students will learn many new techniques as well as protocols for assessment and treatment of children with varied issues. A special focus will be on assessment and treatment of spasticity in children. Students will learn a home program for normalization of sensory function, motor planning, and more. Special demonstrations of pediatric persons will be presented during the course.

Course Objectives:

1. Expand student's knowledge of normal and abnormal development
2. Integrate a novel screening tool to guide the development of a recovery plan
3. Learn how to eliminate mild to severe joint dysfunction, utilizing Capsule Release, a manual therapy approach
4. Learn a new integrative approach with a home exercise program to normalize the sensory system
5. Learn self-help techniques to teach the parents and families about their pediatric patients

BIOPH 301 Concepts in Applied Nutrition, Functional Medicine, Biophysiology

Duration: 4 Days Credit Hours: 3 Cost: \$1125.00

Prerequisite: Year Two Courses

Course Description:

An extensive blend of Nutritional Wellness and Functional Medicine will be explored, including immune deficiency, oxidative stress and metabolic syndrome. Students will be presented with multiple treatment protocols.

Course Objectives:

1. The student will learn nutritional and dietary treatment protocols
2. The student will learn about pathophysiology of the various body systems and how to correct this dysfunction with nutritional supplementation and diet

IMDE 301 Lymphatic Series - Level 2

Duration: 3 Days Credit Hours: 2 Cost: 750.00

Prerequisite: Year Two Courses

Course Description:

This course is a continuation of the Lymphatic Series. During this course, students will learn many techniques and protocols for assessment and treatment of immune deficiency. A special focus will be on the Spleen and Thymus as immune modulators. Discussions will include topics such as lymphedema, chronic fatigue syndrome, kidney disorders, pulmonary dysfunction, multiple sclerosis, and more. Students will also learn a comprehensive postural drainage program for clinical and home use to promote drainage from all body regions.

Course Objectives:

1. Simple and efficient assessment and diagnostic tools for acute and chronic immune deficiency problems
2. Manual techniques to treat problems ranging from lymphedema, chronic fatigue syndrome, kidney disorders, pulmonary dysfunction and much more
3. Self-help techniques and home exercise programs
4. Recommended nutritional protocols to promote improved immune function

VOSYS 300 Cardiovascular Rehabilitation - Combined Vessels Approach

Duration: 3 Days Credit Hours: 2 Cost: \$ 750.00

Prerequisite: Year Two Courses

Course Description:

This course is included in the Cardiac Series as well as the Visceral Mobilization Series. This course is very different from the other Cardiac Series course, Cardiac Habilitation. In this course, focus will be placed on assessment and treatment of peripheral vascular resistance, both arterial and venous. Peripheral vascular resistance is secondary to tension in arteries and veins, including smooth muscle spasm and impingement syndromes. During this course, students will receive

comprehensive instruction in how to use a Combined Vessels Approach to reduce this tension in the peripheral circulatory system. This approach utilizes a large compendium of IMT techniques for the major circulatory vessels in the body. Students will have extensive lab time to gain clinical skills in assessment and treatment of circulatory dysfunction.

Course Objectives:

1. Valuable assessment tools for addressing cardiovascular dysfunction
2. Valuable techniques to improve overall circulation, decrease pain, improve function and overall quality of life

SC 301 Clinical Training - Student Clinic

Duration: 4 Days Credit Hours: 1 Cost: 375.00

Prerequisite: Year Two Courses

Course Description:

Student clinic will run for 4 evenings. Typically two students are chosen to lead a patient through the week. Students will perform comprehensive diagnostics and develop a treatment plan. (8 clock hours)

SC 302 Clinical Training - Student Clinic

Duration: 4 Days Credit Hours: 1 Cost: \$375.00

Prerequisite: Year Two Courses

Course Description:

Student clinic will run for 4 evenings. Typically two students are chosen to lead a patient through the week. Students will perform comprehensive diagnostics and develop a treatment plan. (8 clock hours)

SC 303 Clinical Training - Student Clinic

Duration: 4 Days Credit Hours: 1 Cost: \$375.00

Prerequisite: Year Two Courses

Course Description:

Student clinic will run for 4 evenings. Typically two students are chosen to lead a patient through the week. Students will perform comprehensive diagnostics and develop a treatment plan. (8 clock hours)

IMT-1 Case Study

The student will write a case study for presentation.

IMT-2 Case Study

The student will write a case study for presentation